



**PEDAGOGICAL AND PSYCHOLOGICAL ASPECTS OF  
FAMILY TRADITIONS AND THEIR INFLUENCE ON THE EDUCATION  
OF STUDENTS AND YOUTH**

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**Annotation:** This article talks about the use of family customs and traditions, which are considered convenient ways to instill the ideas of national independence in preparing students and young people for family life, as well as the pedagogical and psychological aspects of family traditions and their influence. for the education of students and youth.

**Key words:** ideas of national independence, preparation for family life, family customs, traditions, family traditions, pedagogical and psychological aspect, customs, customs, ideologization, psychological factors.

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### **Introduction**

Today, representatives of scientists, scientific and pedagogical staff working in the field of social Humanities in our country carry out work on the implementation of national independence ideas in practice on the basis of the tasks set by our president to the intelligentsia and the principles established in his works.

The independence of our republic made it possible for our national values to recover again, to realize our identity. If we go into deep study of Moses, we will feel that our traditions, national customs are instructive and interesting.

### **Analysis and results**

We have widely established the use of family Customs and traditions calculated from convenient methods of instilling the ideas of national independence in the minds of the people in the preparation of students – young people studying in a specific and

profession-oriented specialty at the Kokand State Pedagogical Institute. In this we rely on the following points:

1. The personality mind is positively influenced by the family environment from early childhood. This socio - psychological factor is primarily based on the traditions of the specific treatment of each family, upbringing of a child, interaction, fasting and Family Management, the preservation of which is the Real basis of the personality's social behavior, culture and worldview.

2. The qualities that lie on the basis of the ideological imaginations of the individual, such as faithfulness, humanity, faithfulness, arise primarily from the position taken by young people in the system of family relations, from the content of social positions and roles of representatives of the father and mother, other older generations in the family.

3. An important means of instilling the idea of national independence in the minds of the people, primarily in the minds and hearts of students –young people, is the preservation of family values and the introduction of Advanced family traditions into the Daily education system. In this, the role and role of the father and mother are of a direct nature, and only the environment of healthy treatment and sincerity can be a factor that positively affects the formation of the worldview of young people.

In our republic, a lot of attention was paid to the family and the traditions in it, our national values, and the fact that the family is strong, in which the upbringing of the younger generation is properly established, has proven itself to play a huge role in instilling the ideas of national independence in the minds and minds of children. In this regard, it is an extremely urgent and important task to know exactly the psychological factors and conditions that ensure the absorption of our ideas and ideology of national independence into the minds of young people through family traditions, painting and habits.

The research we have done has allowed us to determine what habits and traditions exist in families and how parents and young people react to them. In this, knowledge of the essence of ideologically influential factors in folk psychology has shown that a new picture - duties and rituals are also embedded in life.

In particular, we agree with senior students of a number of educational institutions and schools in the city of Kokand, student-respondents, " do you agree that each family should have its own traditions, traditions and values?", most of them answered positively, well. That is , 95.1% of students and 86.0% of students responded "Yes, that's what it should be".

The questionnaire was titled " Do you have a constant fist, a tradition in your own family that makes it a habit with your parents? If you define a " yes" answer, write its content briefly in the next lines", our question was marked by both most students and students with the answer " Yes,of course there is", the answers showed 94.2 and 76.6 percent, respectively. This is, of course,a positive situation, which is why we did a content analysis of what was given in writing next to the questionnaire, that is, in an open questionnaire of these habits and images, in addition to the question " Do you have specific styles in dealing with your parents ?"to our question, the respondents responded positively and also noted their unique style in this. When we addressed this student - youth parents with such a question, they defined that the answer options included were "there is a way of encouragement", or "there is a special way of punishment", "not to speak ill words to the child", "to address you". The practice of "learning from adults" of parenting styles has been noted more frequently in men than women ( 23 and 16). It turned out that these answers are not bad at all attention to the upbringing of children in families, and in this mothers consider themselves more responsible.

Our ancestors always tried to preserve the strength,traditions, customs, prestige and purity of the family.From its peculiarities, the family is a social institution that preserves our values, which have been formed over the centuries. Another important aspect of this institution is that it preserves the invaluable spirituality, customs of our people, continues, matures immortal qualities such as humanity, patriotism in the hearts of our children, who are the continuation of life.

It seems to us that in student – youth education it would be desirable if the following aspects were paid attention to :

- extensive and consistent study of national values, traditions, customs from the scientific and literary, philosophical heritage of the Uzbek people;
- student-youth receive pedagogical-psychological advice on upbringing from moms - grandmothers, specialist scientists, get ready to build an independent life;
- play on the advice of experienced mothers who have respected el about chastity,femininity, read on the pages of the press;
- the formation in oneself of such qualities as manners, behavior, self-control in the eyes of the public, treatment;
- focusing on how student - young people dress in a unique national way.

## Discussion

It is p that the qualities of hospitality inherent in Uzbeks affect the formation of spiritual visions in children and the upbringing of positive personality qualities.f.f.D.dos. D.M.Mirzajonova, dos.K.Substantiated in the research of the rahimovas. We studied in what way parents use this factor and how children react to this quality, and found out in the imagination of people some aspects of the perception of going to a guest rather than waiting for a guest. To do this, again as a control " do you prefer to wait for a guest at home, or go to the guest?"we have learned in what way it is explained. The distribution of responses from parents and children it is clear that the habit of going to the guest is preferred both in adult responses and in young people, especially since young people expect this process and it is known that special preparations are also made. How to interpret it? First of all, the thoughts of our moms that "the guest God is" are slowly retreating in the minds of our contemporaries. We know from time immemorial and special studies that the qualities of hospitality are greater in the socio – psychological importance of performing them directly in their own home, in the eyes of children, if necessary, with their participation, not taking into account some advantages, pros and cons of getting dressed well and going to others ( visiting, striving to be a These qualities also spiritually Unite the family, cultivate the qualities of sincerity, politeness, sertakallufness, humanity, and the growth of spiritual visions necessitates the veneration of ideological upbringing, human dignity. Therefore, it is of great psychological importance to prepare parents for the manifestation of the qualities of hospitality and sociability in order to educate them in the family environment of the qualities inherent in a perfect person, to determine the degree of formation and availability of these qualities in the preparation of student-youth for family life.

## Conclusion

In preparing students for family life in the spirit of ideas of national independence in technical high schools, we should also try to make pedagogical skills and attitude towards pedagogical science in general positive, in addition to the important aspects highlighted above. Because in the relationship of a couple, parents and children in the family there is a system of relationships, which implies many pedagogical principles that make it necessary to know the basics of pedagogical science in life in a practical way. From our research, it turned out that Exact Sciences, for example, those who have mastered objects based on informatics, do not perceive pedagogy as a separate science very well. Knowing, however, the didactic basics of education, being able to look at secrets in different areas of Education, will help

engineers – girls also be mentally prepared for family relationships and easily get out of various complex situations.

Thus, we identified the direct connection between the absorption of national independence ideas into the minds of students - girls of faculties specializing in exact and technical sciences, our partially covered object within the framework of our particular research, and their readiness for independent life, in particular, family life, and noted that this direction is a priority of the education of students at technical universities.

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