



## COMPARISON OF SURFACE ROUGHNESS AND BENDING BEHAVIOR OF ESTHETIC COATED CONVENTIONAL AND NICKEL TITANIUM AND ARCHWIRES

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### Abstract:

**Aim:** The aim of this study is to assess the surface roughness and bonding behavior of esthetic coated archwire compared to a Niti archwire.

**Method:** A 3 point bend test was performed to determine the bending behavior of wire samples and Atomic Force Microscopy was used to check the surface roughness of the esthetic coated NiTi wires.

**Results:** This study shows that esthetic coated archwire has better bending behavior and less surface roughness compared to conventional Niti archwire.

**Conclusion:** In conclusion, Niti archwire was found to have more surface roughness when compared to Esthetic coated archwire while Esthetic coated archwire showed more bending behavior when compared to Niti archwire.

**Keywords:** Surface roughness, Bonding behavior, Esthetic coated archwire

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## 1. Introduction:

In orthodontics, an archwire is used in conjunction with brackets as a source of force to correct tooth positioning anomalies. An archwire can also be utilized to keep teeth in their current locations. Nickel Titanium (NiTi) wires, known for their superelasticity and shape memory are the most commonly used initial stage arch wires. However, the high nickel concentration of NiTi alloys (Ni: 47–50%) and their incredibly rough surface topography causes problems in orthodontics like generation of frictional forces during initial alignment and leveling (1).

Esthetics is a significant consideration for most people choosing to undergo an orthodontic treatment in recent times. Esthetic brackets have been introduced as a result of the dramatically rising demand for aesthetics during fixed appliance therapy. Tooth-colored ceramic and plastic brackets have been employed in patients in an effort to improve the aesthetic appearance of metallic orthodontic appliances.(2, 3, 4, 5).

Orthodontic aesthetic archwires became necessary with the introduction of aesthetic brackets(6). There are three primary categories of aesthetic archwires: coated, coated with composite polymers, and optiflex archwires(7). Effectiveness of archwire-guided tooth movement is significantly influenced by the archwire's surface roughness(8). Materials(9),coatings(5),manufacturers(10),and manufacturing methods(9),(8),(11)have all been found to have an impact on the surface structure of archwires. This study aims to assess the surface

roughness and bending behavior of esthetic archwires compared to the conventional NiTi arch wires.

## 2. Materials and Methods:

### Group 1: Conventional NiTi

### Group 2: Esthetic coated NiTi

#### Tests done:

#### Three Point Bend test:

The wires from both the groups were cut into 30mm segments and the samples underwent a three point bending test in a universal testing machine (Instron Electropuls E3000).

The fixture of the universal testing machine was made of two supports, had a 12 mm distance, thus creating a 6mm inter-point distance. Each sample was placed directly on the supports so that the center of each sample was on the center of the inter support distance. The load was applied using an Electromechanical Universal testing machine (Instron Electropuls E3000) with a crosshead speed of 1 mm/min to the center of each sample. The maximum deflection for each sample was 1.5 mm

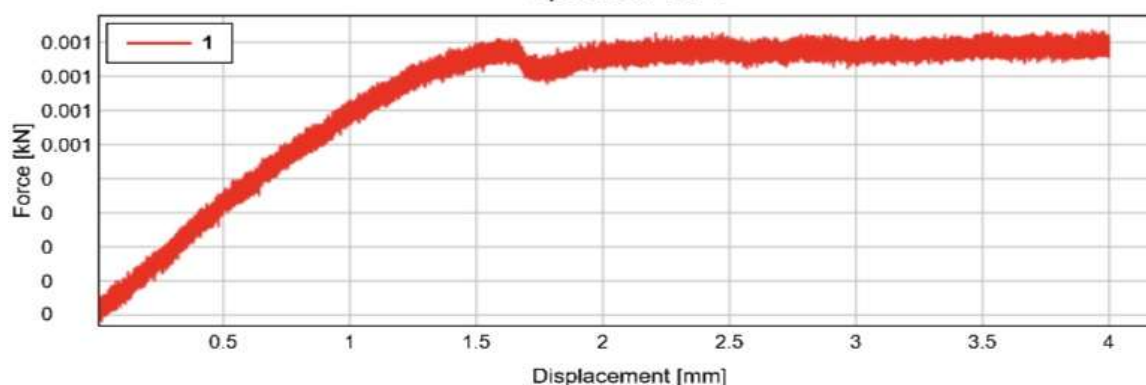
#### Atomic Force Microscopy (AFM):

The samples were placed in Nanosurf Nanite AFM and the samples were measured in a 5x5 and 10x10 micron range and 128 points/line under Contact Mode. The roughness values were calculated by the Nanosurf C3000 software.

## 3. Result:

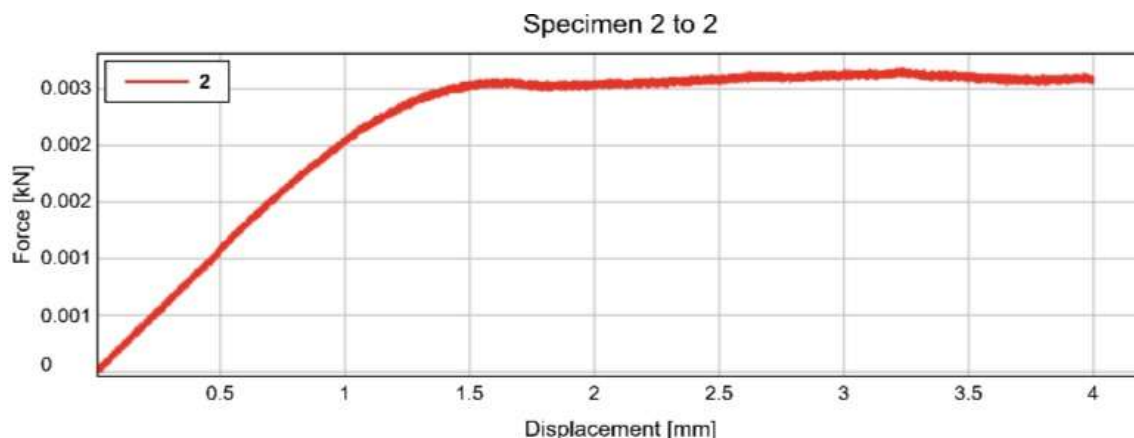
### 3 Point bend test:

Graph 1: Represents the bending behavior of Conventional Niti wire  
Specimen 1 to 1



The above graph 1 shows that the X-axis represents displacement and Y-axis represents force. So it depicts that at the displacement of 3.93mm, the force of the Niti wire is 0.84N.

Graph 2: Represents the bending behavior of Esthetic coated arch wire



The above graph 2 shows that the X-axis represents displacement and Y-axis represents force. So it

depicts that at the displacement of 3.24mm, the force of the Niti wire is 2.68N.

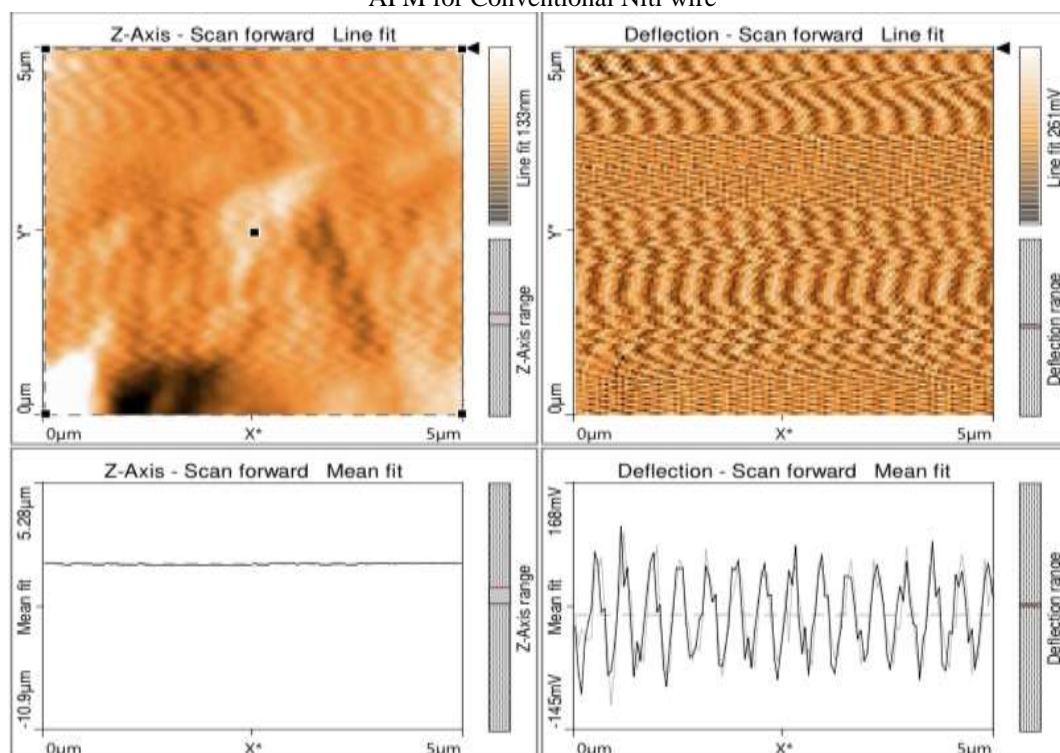
Table 1: Comparing both Niti and Esthetic coated archwire based on its Surface Roughness and bending Behaviour.

	Maximum Force [N]	Specimen label	Flexure displacement at Maximum Force [mm]
1	0.84	Ni Ti	3.93
2	2.68	Ni Ti colour coated	3.24

The above table 1 depicts that for a displacement of 3.93mm the force which acquired was 0.84N for Conventional NiTi and and for the displacement of 3.24mm the force attained was 2.68N for esthetic coated NiTi.

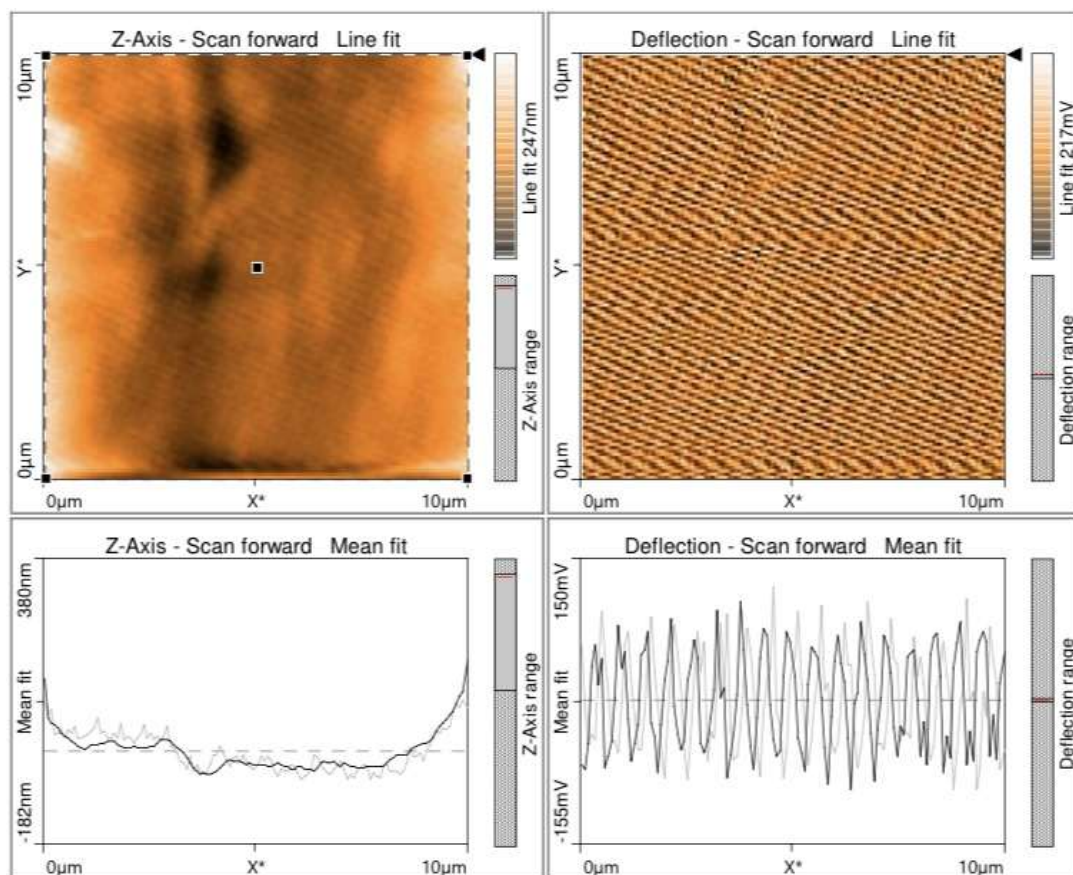
#### AFM:

##### AFM for Conventional Niti wire



The above AFM procedure is done at 5μm. At 5μm the roughness average is 14.61nm and the root mean square value is 22.613nm for Niti archwire.

AFM performed for Esthetic coated arch wire in the below image.



The above AFM procedure is done at 5µm. At 5µm the roughness average is 28.247nm and the root mean square value is 35.98nm for Esthetic coated archwire.

#### 4. Discussion:

There is an increasing demand for esthetics in patients not only after treatment but during treatment as well. To meet their demands, research in material science has progressed in dentistry particularly in orthodontics(13). Ceramic brackets were introduced long ago, but archwires remained unchanged which has become an aesthetic concern. Coated archwires were thought to be one of the acceptable solutions for this problem(14). Metallic archwires are coated with tooth-colored polymers such as Teflon or epoxy resin by different manufacturers to meet the demand of esthetics from patients(15).

Surface roughness is considered as one of the characteristics of orthodontic wires, influencing a variety of factors such as friction, amount of plaque build-up, wire corrosion, etc. Each of the above variables plays a role in orthodontic treatment. When comparing the bending behavior of both the wire we can evidently know that the Ni Ti wire has force of 0.84 N, where as in Esthetic coated archwire shows higher force of 2.68 N. Comparing the surface roughness, the esthetic coated NiTi showed a higher value compared to the conventional NiTi. Hence, conventional NiTi wire is more hygienic compared to esthetic coated NiTi as the

reduced roughness attracts less plaque accumulation.

The vast range of orthodontic wires made of different alloys makes it increasingly difficult for orthodontists to judge them. Coated orthodontic wires form a group of innovative guiding archwires. An unequivocal correlation between the surface roughness and frictional forces of the wires could not be verified by atomic force microscopy. However increased surface roughness might contribute to more frictional forces during orthodontic tooth movement (18).

#### 5. Conclusion:

The esthetic coated archwire has a higher bending force and more surface roughness when compared to conventional NiTi.

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#### Conflict Of Interest:



The authors would like to declare no conflict of interest in the present study.

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