



Cardiac Biomarkers after reperfusion injury in open heart surgery

Rasha Nabil Saad Salamah¹, Salah Khalaf², Mohammed Mohammed Al Arman¹,
Nawal Abd El Gileel^{1*}

¹Department of Clinical Pathology, Mansoura Faculty of Medicine

²Department of cardiothoracic surgery, Mansoura Faculty of Medicine

*Corresponding author: Rasha Nabil Saad Salamah

Mobile: 0097455449005

E mail: rasha.nabil.salama@gmail.com

ABSTRACT

Background: Changes in the electrocardiogram (ECG) and an increase in the release of biochemical markers are used to diagnose perioperative myocardial infarction. Candidates with high levels of troponin T and creatine kinase (CK)-MB have been found to be particularly promising. Unfortunately, CK activity and (CK-MB) are not entirely reliable in terms of their sensitivity and specificity.

Aim & objectives: to assess the effect of reperfusion injury on the cardiac function as assessed by LDH, CK, CK-MB, troponin I, in addition to ECG and ECHO.

Patients and Methods: The research was prospective, meaning that it looked into the future. conducted on Cardiothoracic Department, Mansoura University Hospitals. The study comprised 23 patients subjected to open heart surgery and were separated into two groups: Group I (Ventricular septal defect group) and Group II (Valve replacement group).

Results: there was a statistically significant difference amongst the 2 groups regarding to One way Anova for mean LDH levels, total CK levels, CK-MB levels, Troponin I levels and postoperative ischaemic changes via ECG. There was no statistically significant difference among the 2 groups regarding to Comparison of LDH levels at different times and Correlation between LDH, total CK, CK-MB and Troponin I levels at different times with both ischaemic and perfusion times.

Conclusion: The use of laboratory panels for assessment of an organ function is advocated by many clinicians. Laboratory markers of cardiac damage are now widely used, especially when false negative ECG changes are taken into consideration.

Key words: Cardiac Biomarkers, reperfusion injury, open heart surgery.

Introduction

Ischemia-reperfusion injury is defined as the harm done to cells upon reperfusion into ischemic tissues that were previously functioning normally. 1 Several surgical circumstances, such as organ infarction, transplantation failure, peripheral vascular insufficiency, and infection, and intraoperative methods, such as aortic cross-clamping and cardiopulmonary bypass, contribute to the pathophysiology of ischemia reperfusion damage. Reperfusion causes even more damage to tissues than ischaemia alone does, and this is the key trait. 2

There are two components to a decreased blood flow. One problem is that the myocardium doesn't get enough oxygen and metabolic substrates. Second, washing is limited, leading to buildup of reactive oxygen species (ROS) and metabolites. 3

Superoxide anion radical (O₂⁻), hydrogen peroxide (H₂O₂), singlet oxygen (O₂), and the hydroxyl radical are the most frequent reactive oxygen species (ROS) (HO⁻). The antioxidant system generally removes ROS. 4,5 In pathological states, an excessive amount of reactive

oxygen species (ROS) are produced, and the antioxidant system is unable to deal with them, leading to cellular damage. An increase in reactive oxygen species (ROS) generation occurs after reperfusion, which contributes to tissue damage. 6

ROS can also be produced by neutrophils. Reoxygenation injury does not necessitate, however, that neutrophils be in an active state. 7, 8

Changes in the electrocardiogram (ECG) and increased release of biochemical markers are currently used to diagnose perioperative myocardial infarction. 9,10

Candidates with high levels of troponin T and creatine kinase (CK)-MB have been found to be particularly promising. Unfortunately, CK activity and (CK-MB) are not entirely reliable in terms of their sensitivity and specificity. 10 Cardiac-specific isoforms exist only for troponins T and I.

Although troponin T was first identified, cTnI has been shown to be as as, if not more, cardio-specific than troponin T, and is undetectable in the sera of healthy volunteers. As a result, its detection in the blood would serve as an unmistakable indicator of heart muscle cell injury. False positive elevations of total LDH are seen in various disorders, therefore while it is sensitive for myocardial injury, it is not specific. 13

Subjects and Methods

This prospective study was designed to assess the myocardial function after open heart surgery. This study comprised 23 patients subjected to open heart surgery and were separated into two groups:

Group I (Ventricular septal defect group): It included 8 patients subjected to ventricular septal defect repair. They were 4 men & 4 women, their ages extended from 1 to 16 years with a mean age of (6.1 ± 5.8) years).

Group II (Valve replacement group): It included 15 patients subjected to valve replacement. They were 5 males & 10 females, their ages ranged from 20 to 63 with a mean age of (31.4 ± 19.6) years).

All patients had their operations performed at the Cardiothoracic Department, Mansoura University Hospitals.

The Exclusion criteria were: Heart bypass surgeries performed in conjunction with other types of cardiac surgery, Subjects above the age of 75, Those who present with preexisting renal and/or hepatic impairment, Use of fibrinolytics within 48 hours of surgery, Disorders of severe coagulation, High blood pressure, high cholesterol, and diabetes, and severe muscular disease or intense activity just before surgery.

To all subjects, the following parameters were carried out: Preoperative assessment (Full clinical examination, Clinical investigations and Laboratory investigations) and Operative and postoperative assessment (Routine laboratory investigations and Special tests).

Statistical Analysis

Excel (Office 2000) and SPSS (Statistical Program for the Social Sciences) were used for statistical analysis on IBM-compatible PCs running Windows 98.

Mann-Whitney test:

By testing the Normality of the data by using K-S test (Kolmogorov-Smirnov test) which revealed to be non-normally distributed. So Mann-Whitney test was used to compare the median values amongst the 2 groups for different enzyme levels at different timings.

Anova test: For comparing qualitative data between more than two groups. Anova test was used to compare marker levels over time.

Bivariate Correlation: Done to see the relation between the different times of the enzymes and their relation to ischaemic and perfusion times.

ROC curve (receiver operating characteristic curve): For testing sensitivity and specificity for the enzyme levels. The ROC curve was drawn to match the performance of the biochemical diagnostic methods of PMI & to calculate the optimum cut-point which has the highest sensitivity and specificity for the different cardiac markers.

X²: Used to test non-numeric variables and to match frequencies between subgroups.

Results

Table (1): Preoperative Data of patients of both groups

Data	Group 1 (N=8)	Group 2 (N=15)
Age (years)	6.1±5.8	31.4 ± 19.6
Sex		
M	4/8 (50%)	10/15 (66.7%)
(F/M)	4/8 (50%)	5/15 (33.3%)
F		
E. F (%)	66.12 %	68.7%
ECG		
• H.R (b/min) (mean)	100	83.6
• Rhythm	8/8 (100 %)	10/15 (66.7 %)
- Sinus	0/8	5/15 (33.3 %)
- Irregular	0/8	5/15 (33.3 %)
• Arrhythmias (A.F)		
• Ischaemic time (in mins) (mean)	49.3	54.1
• Perfusion time (in mins) (mean)	76.1	92.4
• Reperfusion time (in mins) (mean)	15.3	16
Recovery		
• D.C shocks	1/8 (12.5 %)	5/15 (33.3 %)
• Spontaneous	7/8 (87.5 %)	10/15 (66.7 %)

Table (2): Postoperative Data of patients of both groups.

	Group 1 (N=8)	Group 2 (N=15)
Postoperative ECG:		
• H.R (b/min) (mean)	103.5	90.3
• Rhythm:		
- Sinus	8/8 (100%)	10/15 (66.7%)
- Irregular	0/8	5/15 (33.3%)
• Ischaemic changes	8/8 (100%)	2/15 (13.3%)

Arrhythmias (A. F)	0	5/15 (33.3%)
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Table (3): One way Anova for mean LDH levels at different times in the studied groups

LDH Group	Baseline U/L	2 hrs	6 hrs	20 hrs	P
		After Aortic cross-clamp release			
Group 1 (N=8)	510.5	828	929.5	1070	0.003*
Group 2 (N=15)	423.2	718.4	788.5	887.8	0.004*

P is significant if ≤ 0.05

The table showed that LDH level rises significantly in the following samples at 2 hrs, 6 hrs and 20 hrs after clamp release after reperfusion for group 1 ($p=0.003$) & group 2 ($p=0.004$).

Table (4): Comparison of total CK levels at different times in the studied groups.

CK total		Baseline U/L	2 hrs	6 hrs	20 hrs
Group			After Aortic cross-clamp release		
Group 1 (N=8)	Median	70.5	664.5	885.5	703.5
	Minimum	38	223	404	289
	Maximum	310	971	1302	2599
	S.E	32.3	105.1	102.9	287.6
Group 2 (N=15)	Median	118	350	400	364
	Minimum	16	127	228	168
	Maximum	740	747	1602	2959
	S.E	44.5	40.9	85.4	175.3
P		0.439	0.008*	0.003*	0.121

Mann-Whitney test

P is significant if ≤ 0.05

The table showed that the baseline value of total CK is not significantly different amid the 2 groups but higher than the cut off value. There is a significant difference in the CK level between both groups at 2hrs ($p=0.008$) and 6 hrs ($p=0.003$) after clamp release followed by an insignificant difference amongst both groups at 20 hrs after clamp release.

Table (5): One way Anova for mean total CK levels at different times in the studied groups

CK total Group	Baseline U/L	2 hrs	6 hrs	20 hrs	P
		After Aortic cross-clamp release			

Group 1 (N=8)	106.8	658.2	920	1059.1	0.008 *
Group 2 (N=15)	153.6	337.8	490.2	615.5	0.004 *

P is significant if ≤ 0.05

The table Showed that total CK level rises significantly in the following samples at 2 hrs, 6 hrs and 20 hrs after clamp release after reperfusion for group 1 ($p=0.008$) and group 2 ($p=0.004$).

Table (6): One way Anova for mean CK-MB levels at different times in the studied groups.

Group	CK-MB Baseline U/L	2 hrs	6 hrs	20 hrs	P
		After Aortic cross-clamp release			
Group 1 (N=8)	12	106.5	78.1	36.3	0.001*
Group 2 (N=15)	11.6	56.1	52.4	35.6	0.002*

P is significant if ≤ 0.05

The table Showed that CK-MB level rises significantly in the following sample at 2 hrs after clamp release after reperfusion for group 1 ($p=0.001$) and group 2 ($p=0.002$) then declines in the following samples at 6 hrs and 20 hrs after clamp release.

Table (7): Comparison of Troponin I levels at different times in the studied groups:

Group	Troponin I	Baseline ng/ml	2 hrs	6 hrs	20 hrs
			After Aortic cross-clamp release		
Group1 (N=8)	Median	1.18	8.7	5.6	2.3
	Minimum	0.32	3.7	4.4	1.4
	Maximum	2.08	22.9	21.3	13.19
	S.E	0.23	2.27	2.1	1.6
Group2 (N=15)	Median	1	1.8	2.4	2.5
	Minimum	0.12	0.41	0.51	1.25
	Maximum	1.5	6.48	9.1	10.4
	S.E	0.10	0.48	0.59	0.59
P		0.332	0.001*	0.004*	0.897

Mann-Whitney test

P is significant if ≤ 0.05

The table Showed that the baseline value of Troponin I is not significantly different among the 2 groups but within the reference value. There is a significant difference in Troponin I level amongst both groups at 2 hrs ($p=0.001$) and 6 hrs ($p=0.004$) after clamp release followed by an insignificant difference between both groups at 20 hrs after clamp release.

Table (8): Comparison between postoperative ischaemic changes via ECG for each group:

	Postoperative changes		X ²	P
	Present	Absent		
Group 1 (N=8)	8	0	15.9	0.001*
Group 2 (N=15)	2	13		

Chi-square test used for the determination of significance. P is significant if ≤ 0.05

The table showed that eight out of eight patients developed postoperative ischaemic changes in their ECG in group 1, while two out of fifteen patients developed postoperative ischaemic changes in their ECG in group 2. This shows a high significance between both groups ($p=0.001$).

Table (9): Correlation between LDH, total CK, CK-MB and Troponin I levels at different times with both ischaemic and perfusion times.

Data		Ischaemic time				Perfusion time			
		Group 1 (N=8)		Group 2 (N=15)		Group 1 (N=8)		Group 2 (N=15)	
		r	p	r	p	r	p	r	p
L D H	2 hrs	0.184	0.662	0.235	0.4	0.003	0.995	0.218	0.435
	6 hrs	0.601	0.115	0.117	0.678	0.457	0.255	0.095	0.735
	20 hrs	0.616	0.104	0.246	0.377	0.710	0.048*	0.417	0.122
C K	2 hrs	0.713	0.047*	0.066	0.816	0.53	0.177	0.094	0.738
	6 hrs	0.055	0.896	0.116	0.553	0.075	0.859	0.195	0.485

	20 hrs	0.422	0.298	0.011	0.97	0.413	0.309	0.385	0.15
C K - M B	2 hrs	0.441	0.274	0.193	0.491	0.195	0.644	0.18	0.52
	6 hrs	0.614	0.106	0.248	0.372	0.338	0.413	0.458	0.08
	20 hrs	0.652	0.08	0.086	0.759	0.503	0.204	0.388	0.15
T r o p o n i n I	2 hrs	0.709	0.049*	0.052	0.855	0.195	0.644	0.180	0.52
	6 hrs	0.731	0.040*	0.117	0.677	0.378	0.413	0.458	0.08
	20 hrs	0.706	0.018*	0.029	0.918	0.503	0.204	0.388	0.15

P is significant if ≤ 0.05 .

The table showed that there is a positive relationship among the ischaemic time & perfusion time (bypass time) with the marker levels at all postoperative times for all markers.

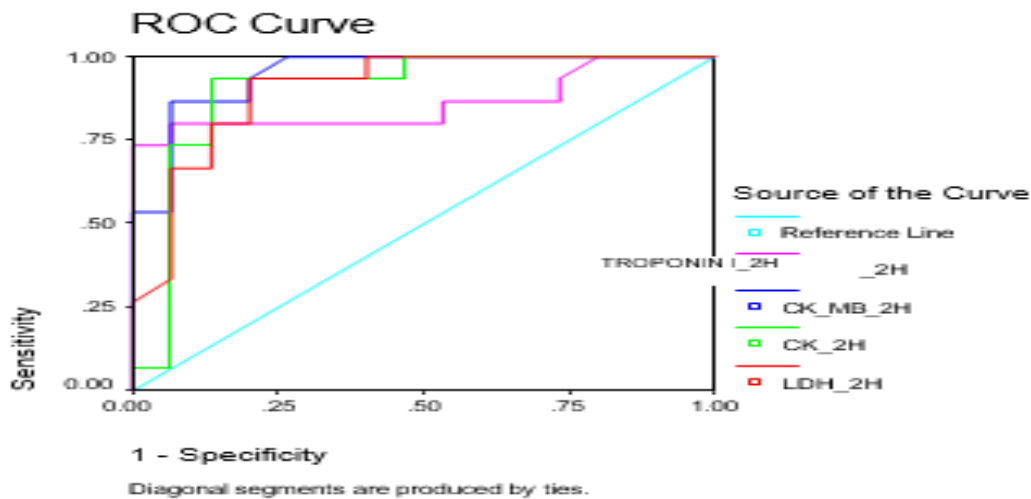


Figure (1): ROC curve comparing all markers at 2 hrs. after clamp release for group 2.

Area under the curve (AUC):
 CK-MB = 0.949, LDH = 0.904, total CK = 0.898, Troponin I = 0.860

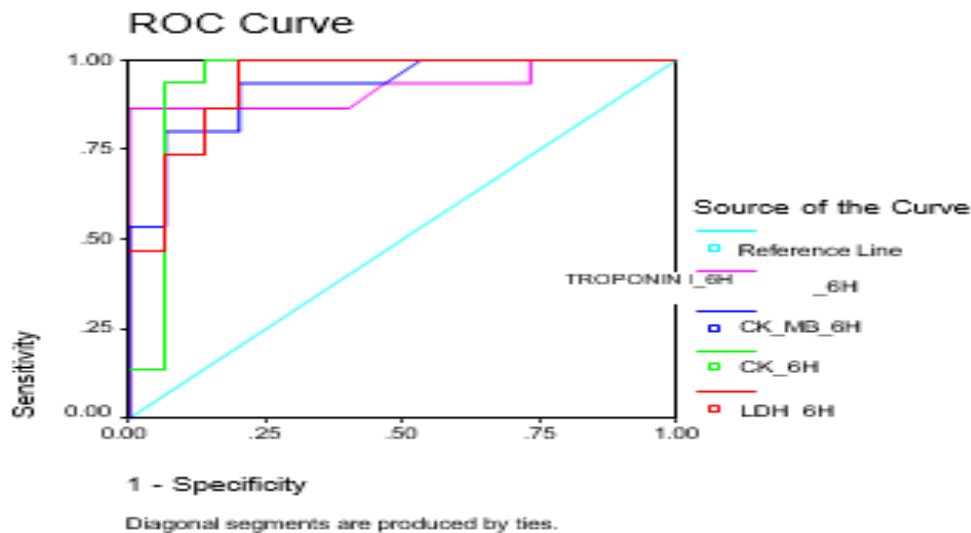


Figure (2): ROC curve comparing all markers at 6 hrs. after clamp release for group 2.

Area under the curve (AUC):
 Total CK = 0.938, LDH = 0.938, Troponin I = 0.922, CK-MB = 0.922

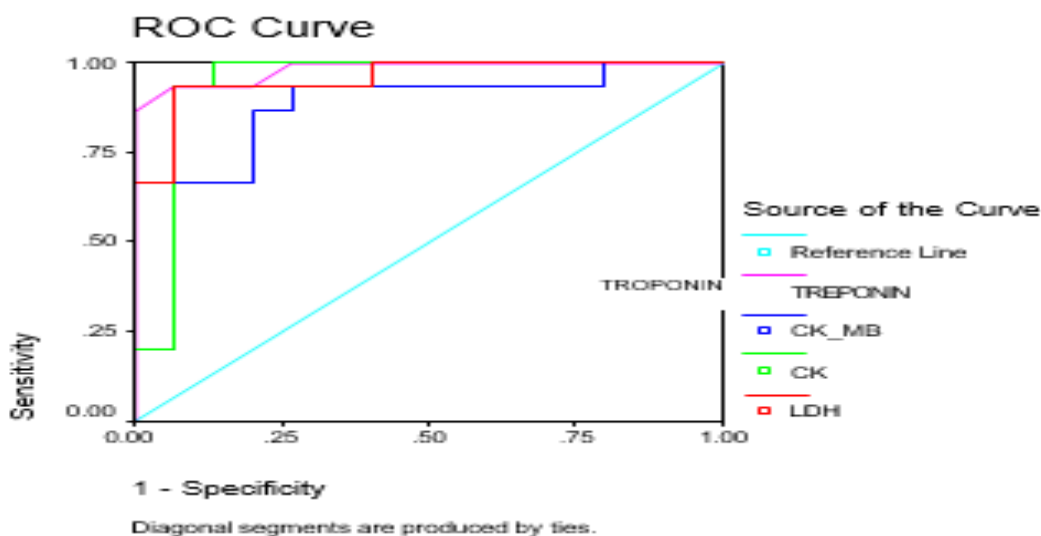


Figure (3): ROC curve comparing all markers at 20 hrs. after clamp release for group 2.

Area under the curve (AUC):
 Troponin I = 0.982, LDH = 0.956, total CK = 0.942, CK-MB = 0.0.858

Discussion

One of the most unpredictable aspects of cardiac surgeries is the possibility of reperfusion damage. Reperfusion, which results in the end of ischaemia and is therefore necessary for the cell's survival and restoration of normal function, paradoxically causes damage to the cell. The term "ischaemia reperfusion injury" is used to describe both of

these injuries. 14

Cardiomyocyte cell biology has made amazing strides in recent years. Yet, keeping track of everything that goes on in these cells, particularly in terms of their function and malfunction, remains a challenge. 15

Four markers were chosen representing traditional (LDH), current (CK, CK-MB) and more recent (Troponin I) evolution in the study of cardiac biomarkers. The groups of patients were those subjected to VSD repair (group 1, age: 1-16 years, with postoperative ischaemic changes) and valve replacement (group 2, age: 20-63 years, without postoperative ischaemic changes).

So this study was planned to monitor the level of some cardiac markers before (baseline) and 2 hrs, 6 hrs, and 20 hrs after a period of myocardial ischaemia (cross-clamping) followed by reperfusion to assess the cardiac function in patients subjected to open heart surgery, along with monitoring through ECG and ECHO findings.

Non-significant differences are observed on comparison of the two groups. However significant increments are observed at different time intervals following aortic clamp release. That's because the reperfusion syndrome could be caused by cellular mechanisms such as low levels of high-energy phosphates, an excess of oxygen-derived free radicals, membrane and mitochondrial damage, calcium accumulation in the heart, and acidosis. 16-18

The baseline value of total CK is not significantly different between the 2 groups but higher than the reference value. This was also in agreement with **Zhi**.²⁰ who reported a preoperative high total CK level in patients with VSD and with **Califf and Ohman**¹⁹; **Adams**.²¹ who found that the younger the age, the higher the value of total CK.

Total CK activities are significantly higher in group 1 than group 2 at 2 hrs and 6 hrs after clamp release (Table 9), a finding which agrees with **Zhi**.²⁰ and could be due to the high vulnerability of the pediatric heart to the effect of ischaemia and reperfusion during repair of congenital heart disease as concluded by **Taggart**.²² and **Hasegawa**.²³

Due to the cellular mechanisms underlying the reperfusion syndrome, significant increments are observed at different time intervals following aortic clamp release (Table 11).¹⁶⁻¹⁸

The baseline value of Troponin I is insignificantly higher in group 1 than group 2 but within the reference value (Table 12).

Troponin I was found to be released in great amounts in V.S.D patients as was previously documented by **Dent CL**.²⁴

Troponin I levels are significantly higher in group 1 than in group 2 at 2 hrs and 6 hrs after clamp release (Table 12), a finding which agrees with **Jacquet**.²⁵ and could be attributed to the high vulnerability of the pediatric heart noted by **Taggart**.²² and **Hasegawa**.²³

Postoperative ischaemic ECG changes are reported in 100% of patients in group 1 and in 13.33 % in group 2 (Table 15). Statistical risk estimate (Table 16) shows that the VSD group are 7.5 times more vulnerable to ischaemic changes than the valve replacement group. This shows a high significance between both groups. This coincides with the findings of **Taggart**.²² and According to research conducted by **Hasegawa**.²³, the effects of ischaemia and reperfusion on a child's heart are more severe than those experienced by an adult heart.

Correlation studies (Table 17) relating markers' levels to both ischaemic time and

the perfusion time (bypass time), show a positive correlation at all time intervals. Coincident with these findings, Extracorporeal circulation and aortic cross-clamping time are correlated with the severity of blood enzyme abnormalities during cardiopulmonary bypass, as reported by **Fransen.26 and Jaffe.27.**

Conclusions

The use of laboratory panels for assessment of an organ function is advocated by many clinicians. However, the sensitivity and specificity for each individual marker should be taken into consideration, in addition to cost-benefit relationship.

Laboratory markers of cardiac damage are now widely used, especially when false negative ECG changes are taken into consideration.

In place of CK and CK-MB, the recently released cardiac Troponin I has proven to be a sensitive and specific marker.

In comparison to an adult heart, a child's heart is more susceptible to damage from both ischaemia and reperfusion.

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